

Information Sessions

'Inourplace/Solihull is now Togetherness'

Northumberland County Council

gives families free access to Togetherness resources to support wellbeing.

For parents, carers, grandparents, and young people.

Learn from NHS clinical psychologists, practitioners, and other parents. The pathways will help families understand and manage emotions in everyday life.

Book now to learn about the pathways and how to share them effectively with all families in Northumberland

Mini bitesize

What has changed? What is new?

Wednesday 11th March 12:00 - 12:15

Online workshops

Learn how to use the wellbeing pathways and content explanation

Understanding your child's mental health and wellbeing and feelings

Wednesday 1st April 2026 14:15- 15:00

Understanding teenagers brain

Tuesday 21st April 14:15 - 15:00

Understanding trauma

Tuesday 5th May 10:00 - 1:45

Antenatal and baby development pathways

Thursday 22nd May 09:30 - 10:15

Understanding your child: from toddler to teenager

Wednesday 3rd June 11:30 - 12:15

To request a place on mini bitesize or online workshops

email vicki.collins@northumberland.gov.uk

