

Peer Mentor Train the Trainer Programme

Help your students thrive through peer support

- Build confidence, resilience, and leadership skills
- Support smoother transitions between key stages
- Create a culture of student voice and empowerment
- Provide early, preventative support for worries and wellbeing
- Strengthen a sense of belonging and connection within your setting

Would your students benefit from peer-to-peer support?

Do you want to empower young people in your setting?

Looking for a practical way to support emotional wellbeing?

If yes, our Peer Mentoring Programme is the perfect place to start.



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Training Dates (2026/27)

- **Thursday 15th October** | Prudhoe Family Hub | 9:30am–3:30pm
- **Friday 5th February** | NSECH Healthcare Academy, Cramlington | 9:30am–3:30pm
- **Wednesday 21st April** | Alnwick Family Hub | 9:30am–3:30pm

Book Your Place

Contact Stacey:

stacey.herberson@northumbriahealthcare.nhs.uk

Or scan the QR code below to secure your place.

