

Directorate of Multi-Professional Dental Education

Oral Health Training for Substance Use Services

Free 1-Hour Virtual Training Session

This **online oral health training** will provide practical advice on oral conditions, oral hygiene routines and will explore access and signposting to NHS dental services.

What the session will cover

- The importance of a good oral health routine and the impact it has on general health
- How to recognise the effects stimulants, alcohol, and opioids have on the mouth
- Common oral health risks of substance use and strategies for supporting clients
- Oral hygiene techniques for natural teeth and dentures and the importance of fluoride toothpastes and mouthwashes

Who should attend:

Staff supporting people with substance use in primary and secondary care, in the community and domiciliary services, and support roles.

Training date and time

Wednesday 11th November 2026 | 9:30 to 10:30

Includes: a certificate for one hour of Continuous Professional Development (CPD).

The training dates or times don't work for your team?

We can offer bespoke training sessions at a date and time that works for you. Please contact us for further details.

Book your place

To reserve a place or request further information please email:
england.oralhealthtraining.ne@nhs.net.



Further Oral Health Training Opportunities

About our Training

The Directorate of Multi-Professional Dental Education works across the North East and North Cumbria and offers free oral health training for health, social care, and education teams.

Tier 1 Training

One-hour general awareness training delivered online, offering a flexible approach for busy workplaces.

Available for:

- Medical staff and pharmacy teams
- Older people's services and care home managers
- Learning disability and autism services
- End-of-life care teams.
- Children and young people's services.
- Substance misuse services.
- Mental health services.
- General oral health awareness for the wider workforce.

Tier 2 Training

Bespoke face-to-face workshops delivered in your workplace, combining practical skills and case-based learning.

Training includes resources, product demonstrations, mouth care techniques, and time for questions and discussion.

Tier 2 Criteria

Venues should ideally have tables and chairs for at least ten people, a smart TV, and Wi-Fi.

Please contact us for more information
england.oralhealthtraining.ne@nhs.net

Advanced Training

Our Oral Health Champions training (Train the Trainer) can take place in your workplace or at our training centre in Durham.

The 6-hour workshop develops oral health champions to cascade training within their organisation and supports sustainability, strengthens leadership, and improves quality.

Available for:

- Staff working with the elderly.
- Staff working with cared for children.
- Learning disability and autism services.
- Allied Health Professionals.

Advanced Training Criteria

Please contact us for more information
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Contact information

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