



Exciting announcement from Psychological Services – training opportunity:

Mediating Learning Support Approach (MeLSA)

MeLSA is a psychological evidence-informed framework that builds the capacity of schools to support the learning needs of their pupils. Designed for educational professionals (TAs/LSAs, teachers, senior leaders), this training is a comprehensive package delivered in an interactive and accessible manner. Attendees will be supported by ongoing supervision with the Educational Psychology team to implement the training content.

On the MeLSA course, attendees will:

- Gain an understanding of the psychology of learning
- Learn how to apply mediating principles within the classroom to develop learner independence
- Learn how to plan and deliver small group/individual interventions to facilitate accelerated progress
- Reflect on their own practice in a supportive environment

MeLSAs help pupils to:

- Benefit from bespoke support for Maths and English
- Explore strategies for memory
- Develop self-regulation of learning behaviours
- Develop skills around learning (e.g. asking for help)
- Develop growth mindset

Feedback from our 2025 delegates:

‘SMART/FAST target setting- Always felt that this was out of my skillset but helped to make targets set by colleagues realistic for my students.’

‘Very helpful! With having maths anxiety myself it’s helped not only me helping students but helping myself understand a lot more and how to address it’

‘I found the feedback process really useful and will use it going forward and will tell others about this method’

MeLSA course dates*

13th January

27th January

10th February

24th February

10th March

24th March

*Delegates must attend all sessions to earn

MeLSA accreditation

Course costs (includes refreshments and venue costs) - 25/26

First participant from setting - £750

Subsequent participants from setting - £650

Please [complete this form](#) to request a place on the course.

Location: Teaching and Learning Centre at Bothal Primary School, Ashington, NE63 8NT
9:30am – 3:30pm

For more information check out our ‘[Introduction to MeLSA](#)’ Padlet
If you have any queries please email melsa@northumberland.gov