

How to support breastfeeding families when their baby or child is starting at your Early Years or Childcare Setting



Encourage parents to decide what would work best for their family



Offer comfortable areas and seating so they can breastfeed in your setting



Inform parents you are able to safely store expressed milk if they would like to



Most importantly, try to remove any barriers they may have with continuing to breastfeed



Signpost them to their local Infant Feeding Support group for advice & guidance

For more information please contact our Family Hub Infant Feeding Coordinator,
Amy Berry: 07729 080 263
amy.berry@northumberland.gov.uk