

Fun little Foodies

School & Nursery Workshop Information



What happens at a Foodies workshop?

- A Fun Little Foodies cooking workshop is a great way for children to have hands on experience of learning basic cooking skills, exploring new flavours and foods and learning about where food comes from.
- Our workshops promote healthy eating habits, help develop numeracy skills, vocabulary and fine motor skills as well as promoting independence and problem solving - cooking is a life skill which all children need to learn!
- We can deliver the cookery element of your DT curriculum, after school clubs, assist towards gaining Healthy Schools Award or deliver to groups of children receiving Pupil Premium.
- If you have an idea for a workshop - just ask!
- We work with all children from Nursery to Year 6, cater for allergies and dietary requirements and our workshops are fully inclusive to all children.



Please email us to discuss your requirements at



funlittlefoodies@outlook.com



What do we need?

- A cooking workshop can take place in any area which can safely accommodate the number of children. Tables will need to be provided.

- We can work in classrooms, halls or any other communal area.

- For cooked recipes, we will need access to an oven (recipes will be dependent on the oven space available).

*All equipment, ingredients and aprons are provided.



Which recipes can we make?



- We have lots of recipes to choose from and can create recipes to suit a curriculum theme. The recipe choice will be dependent on time, age of the children and oven space.

- Here are a few example recipes:
Fruity Flapjack, Stuffed Pepper, Banana Muffins, Fruit Crumble, Mini Pizza, Cheesecake, Chickpea Curry and Bread & Butter.

How much does it cost?

- Prices depend on recipe choice, number of children, number of sessions and location.

*prices start from £200.

