

Directorate of Multi-Professional Dental Education

Oral Health Training in Oral Health Awareness

Free 1-Hour Virtual Training Session

This **online oral health training** is for those with an interest in improving oral health. It will give practical advice on oral health routines, the management of oral health conditions and the links between oral health and general health.

Topic areas will include:

- The importance of good oral hygiene routines
- The impact of oral health on general health
- Effective tooth brushing techniques, and the importance of fluoride toothpastes and mouthwashes
- Healthy, non-cariogenic food and drinks
- NHS treatment costs, exemptions, and the importance of dental visits

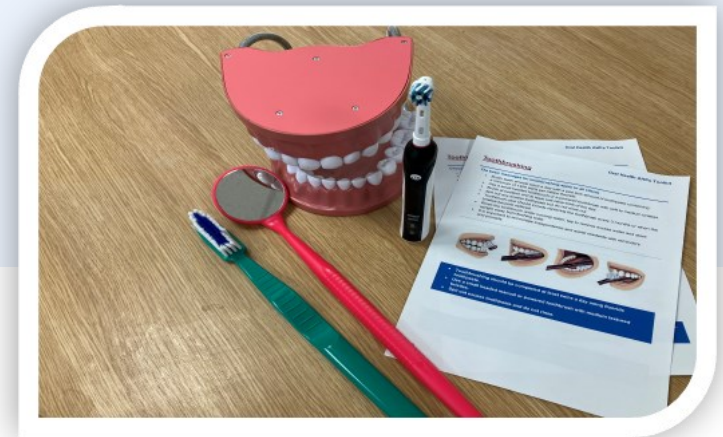
Training Dates:

- Tuesday 5h August 2025 13:00 to 14:00
- Tuesday 9th September 2025 15:00 to 16:00

A certificate for one-hour Continuous Professional Development will be awarded

To book your place or for further information contact:

england.oralhealthtraining.ne@nhs.net





One Hour Oral Health Training Delivered Virtually via Microsoft Teams

The Directorate of Multi-Professional Dental Education works across the North East and North Cumbria and offers free oral health training for **health, social care, and educational teams**. Our training focuses on the importance of good oral hygiene, looking at its impact on general health and promoting healthy lifestyle choices. This helps to raise the quality of life and general health of the population.

Oral health affects every segment of our population, from the very young through to those at the end of life, and good oral health is vital to general health and well-being. Education is the key to achieving improved, long-term oral health goals.

We offer virtual training for:

- GP teams
- Pharmacy teams
- Staff working with the elderly
- Staff working with people at end of life
- Care home managers
- Early years services
- People working with substance misuse clients
- Staff working with people with mental health problems
- Staff working with people with a learning disability and autism
- Basic oral health awareness, for those interested in improving other people's oral health

Book your free virtual training session today by emailing: england.oralhealthtraining.ne@nhs.net

