

How to use Visual Timetables

A visual timetable is a photo or picture representation of what is happening throughout the session to help the child understand what is expected of them.



Take photos of places or activities that the child will go to throughout the session.

Put the pictures on a timeline in order of when they will be happening.

Over time you can reduce the amount of support you give the child to go to the place or activity, hopefully one day they will transition by themselves.

Show the photo of what is happening to the child. Take them by the hand and lead them to the place or activity.