How to use Objects of Reference

An object of reference is an object which is used to represent a place or activity to help a child understand what is happening.

| Decide which places or activities the child uses most. Start off with no more than 4. Choose an object to represent each place/ activity. | → | Show the object to the child and say the name of the activity or place you want them to go to. | → | Take the child by the hand and lead them to the place or activity. | → | Over time you can reduce the amount of support you give the child to go to the place or activity, hopefully one day they will transition by themselves. |

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