

# Headteachers' Update

## The 5 O'Clock Update For Schools

### Leadership and Development

As a result of the survey undertaken in the Autumn term, we have been working with a group of volunteer Headteachers to understand and respond to the call for support with wellbeing and resilience; a specific response to the demands that have been placed on Heads over the past year.

This has led us to explore ways in which we can provide an offer and source facilitators of high quality and reputable approaches to leadership development.

The work of Brene Brown receives much acclaim, notably her research over decades into the fundamental question - 'what, if anything, about the way people are leading today needs to change in order for leaders to be successful in a complex, rapidly changing environment where we're faced with seemingly intractable challenges and an insatiable demand for innovation?..We need braver leaders and more courageous cultures.'

Being brave as a leader depends on the ability to stand up again after a fall, which obviously connects with resilience.

It is likely that we will be facilitating the full Dare to Lead programme in Northumberland in September, a 24 hour taught course which will be open to Heads and Senior Leaders, details to be confirmed. Please see below for further information about the programme.

<https://daretolead.brenebrown.com/>

In the summer term, however, we propose to run 3 stand alone sessions with a facilitator, Jacqui Sjenitzer which will be solution focussed sessions based on issues that are causing headteachers the most concern at present. The themes will be explored using taught concepts from Brown's work.

In order to proceed with setting them up, we are looking for suggestions for the themes ie things that keep people awake at night at the current time. Nothing is off limits as a suggestion.

We invite suggestions to go to [Nicola Taylor](#) (confidentiality will be assured) over the next couple of weeks.